



From the President

February 2017

We are almost through the rough part of winter, so hang in there and we will get through this. Hopefully all the harsh weather is behind us, and we can look forward to milder weather. Thanks to all for keeping the walks clear of snow for our residents who walk to school and walk their pets.

As I mentioned in the last newsletter, our former web host has ceased operation, which caused our website to go down. I am happy to report the website is up, new, and better than ever. One of our very own, Jeremie Ingram has diligently been keeping the site active, which has already been used for a great number of inquiries. Please visit our new and improved website at www.clowcreekfarm.com. This site will continue to be updated with calendar events, updates within in the city of Naperville, and any legal information for real estate needs. Eventually, we hope that a password protected directory for those that wish to participate will be available for our residents only. The site is also mobile friendly, so thumbs up and thanks to Jeremie for all her hard work!

Please pay attention to this month's meeting minutes, as we have posted all board meeting times. The website calendar will be updated to reflect the dates, times, and locations. Please keep a lookout for those meetings, as the board has set for some more improvements to accomplish this year.

The board is also happy to report that the lot on the corner of Dairyman's Circle and Wicklow Road (4304 Dairyman's Circle) that was purchased from the church a few years back is scheduled to start construction on the first new house in our subdivision in many years. The plans have been submitted to the board for review, and look forward to working with the new homeowners as they build their new home!

In closing, please keep an eye out for dates and times for the annual Easter Egg Hunt this April, both on the new website and on Facebook. Thanks to all of those posters on Facebook which has become a nice tool and great way for our community to communicate and find what they need.

See you all out and about, "and with that being said..."

Carl Reina | CCFHA President

CCFHOA BOARD OF DIRECTORS CONTACT INFORMATION

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COMMITTEE MEMBERS

Outdoor Beautification CommitteeCarl Reina

Communication Committee ChairKelly Reina

Communication - Website CommitteeBob Raimondi

Block Captains CommitteeRachel Schwartz & Kelli Reina

Social Committee ChairTori Manganelli

City Liaison CommitteeCarl Reina



"Make sure you remove all the cookies when you're done."

NEWSLETTER ARTICLES & CLASSIFIED AD DEADLINE **15th of each month**

**Submit newsletter articles and
classified ads (no charge for residents)
by e-mail to:**
Carl Reina
creina@clowcreekfarm.com

COMMERCIAL ADVERTISING DEADLINE **15th of each month**

Preferred Business Services, Inc.
630-585-9340 • Fax 630-585-8232
E-mail: fosterpbs@msn.com
www.pbspublishations.com

NEWSLETTER SUBMISSIONS

Any resident interested in adding content to the newsletter is welcome. Residents looking to buy or sell, advertise an upcoming event, praise a resident for a kind act, or share a recipe, should send any information to Jeff Sell at jsell@clowcreekfarm.com.

MOVING?

If you will be moving out of Clow Creek, you will need to have a paid assessment letter for your closing to go through. Be sure to contact Bob Raimondi, Treasurer for a letter. Bob can be reached at braimondi@clowcreekfarm.com or 630-369-6145.

"Publication of paid advertisements in the Association's newsletter is not an endorsement or recommendation of any advertised product or service. The Association is not responsible nor liable for the content of any advertisement published, here."

Clow Creek Association Annual Meeting

February 2, 2017 - Carl Reina Home

In Attendance

Carl Reina (President), Jeff Sell (Vice President), Bob Raimondi (Treasurer), Matt Stredney (Secretary), Rob Gosma (Director), David Luciano (Director), Chuck Manganelli (Director), Ju Sohng (Homeowner). Called to order at 8:41p.m.

New Business

- Treasury Report - As of 2/2/2017 Treasury Reports the following balances -- Checking - \$6,485.94, Business Premium Money Market (Savings) - \$130,000 -- Net Total = \$136,485.94.
- The 2016 annual assessments update - As of 2/2/2017, 19 units have not paid their 2017 annual assessments. The treasurer will proceed with third mailings to the delinquent units; failure to pay assessments on time will result in additional interest and late fee expenses.
- Communicating Financials - Bob discusses how he would like to utilize the newly updated Clow Creek Farm website (www.clowcreekfarm.com) to communicate financial statements.
- Registry Concerns - Bob motions that he would like to receive a list of all units that are currently occupied by renters. This information will allow the board to properly bill annual assessments and have up-to-date contact information for neighborhood news and events. The board will be seeking copy of all active leases. If you are a renter, please reach out to an association board member.

Other Clow Creek Business

- The open lot at the corner of Wicklow and Dairyman's Circle has been purchased. According to the construction schedule and blue prints, the home will fit into required lot and neighborhood specifications. However, the board agrees that they will continue communication with the future homeowners to make sure all parties are aware of and understand the neighborhood bylaws. The Clow Creek Farm Homeowners Associations architectural committee/board of directors have reviewed the building and architectural plans for the new home being built at 4304 Dairyman's Circle, Naperville, IL 60564 (Lot 94) by Kings Court Builders. It was found based on the plans and building specifications provided that the home conforms to the character of the neighborhood and meets the requirements of Article VII, section 3 of the Covenants and Restrictions relating the Clow Creek Farm. This is in addition to all city of Naperville building codes that are required. The architectural committee and board of directors will continue to monitor the construction as it progresses and make sure the requirements continue to be met by the builder and homeowners. This approval is for the building of the structure, and does not include any landscape or hardscape structures that may be built.

Communications

- Due to need for an accessible website, the board has decided to partner with neighbor Jeremie Ingram on the neighborhood website <http://www.clowcreekfarm.com/>
- Jeremie will become an active member of the neighborhood communication committee.
- The communication committee will seek to utilize this website to communicate neighborhood events and projects, updates within the City of Naperville, and as a repository for legal information and frequently requested documents.
- Additionally, Matt will be partnering with the communication committee to provide an updated, digital, neighborhood roster/registry. Due to the fact that this information will be online, the database will be secure and password protected.

Board Meeting Schedule

- Thursday February 2, 2017 - 8 pm - Location the Reina home with focus topic being 2017 assessments, 2016 annual meeting review, CY 2017.
- Tuesday March 4 - 8 pm - Location TBD - Focus topic - Easter Egg Hunt
- Wednesday May 17 - 8 pm - Location TBD - Focus topic being the Summer Block Party
- July/August - Meet to finalize and execute Summer Block Party arrangements. TBD
- Thursday September 7 - 8 pm - Location TBD - Focus topic will be the financial review and annual meeting preparation.
- Tuesday November 7 - 7:30 pm - Location at the 95th Street Library (Tentative reservation)
- Annual Meeting

Outdoor Report

- The 2016 project on the wooden fence was completed. As communicated prior, Carl feels that maintenance of the current fence is costly and not sustainable. He has communicated that he would like the board members to look into a more sustainable (PVC or Wrought Iron) fence that will require less annual maintenance and be more aesthetically pleasing.
- The board discusses how they feel the neighborhood sign on Book Road is difficult to see and would like to look into opportunities to elevate the sign to increase visibility.

Neighborhood Aesthetics

- The board reviews a complaint from a neighbor regarding mailboxes. The board will investigate this complaint and determine the regulations as stated by the codes and covenants.
- The board reviews a complaint from a neighbor regarding non-approved structures outside of the home. The board will investigate this complaint.
- The board has begun drafting a communication to all neighbors about acceptable neighborhood aesthetics. This communication will be distributed to all units by hand and will include further enforcement details.

Bob motions to move to board position elections, Chuck seconds; unanimous agreement.

Position Elections

Carl motions to retain all current board positions:
 President - Carl Reina
 Vice President - Jeff Sell
 Treasurer - Bob Raimondi
 Secretary - Matt Stredney
 Directors - Rob Gosma, David Luciano, Chuck Manganelli

Bob seconds the motion. Unanimous agreement.

Bob motions that Ju Sohng join the board activities via financial committee which is focused on Treasury assistance. Matt seconds, unanimous agreement.

Carl motions to end the meeting. Rob seconds, unanimous agreement. Meeting adjourned 10:45 pm.

FOCUS ON SAFETY

By Julie Smith
 Crime Prevention Specialist Naperville
 Police Department Contact her at
 SmithJu@naperville.il.us or
 630-305-5450.



Making traffic stops are a part of a law enforcement officers daily duties. However, for citizens they are a rare (hopefully) and stressful experience. Police officers never know what we will encounter on traffic stops. A proper understanding of how to act or respond on a traffic stop is key to good communication. We would like to share some tips on how to respond during a traffic stop to make the encounter less stressful for all involved.

When an emergency vehicle is pulling you over, pull over to the right side of the road. You may activate your turn signal or emergency flashers to look for a safe spot to stop. This also alerts the officer of your intention to stop.

Place your vehicle in park, turn off the radio, roll down the window all the way and give the officer your attention to ensure communication is both effective and efficient. Please remain in your vehicle with your hands visible on the steering wheel until you are given direction by the officer. Normally the officer will approach on the driver's side, but for safety reasons sometimes the officer will approach on the passenger side. Don't be alarmed if this occurs. Officer safety is the highest priority when conducting traffic stops and the officer is attempting to approach in the safest manner possible.

If the traffic stop is at night, please turn on your interior light so the officer can see who is inside the vehicle. Don't make any sudden movements or rummage through your belongings looking for your wallet until you are asked for documentation. Do not reach for anything anywhere!

Remember that law enforcement officers are killed every year while conducting routine traffic stops so it's understandable that an officer may treat you with suspicion.

Upon the request of the officer, disclose if you have a concealed carry permit and have a weapon in the vehicle. This also applies to any passengers in the vehicle.

Please be courteous with the officer even if you disagree with reason for the traffic enforcement decision. Contesting the reason for the stop should occur in the court of law and not on the side of the street.

If you observe a traffic stop that does not involve you, please do not approach the officer as they are conducting the traffic stop. Illinois has "Scott's Law" or the "Move Over" Law. This mandates that when approaching a police or other emergency vehicle stopped along the roadway, you must reduce your speed, change lanes if possible and proceed with due caution.

Remember, there is no such thing as a routine traffic stop. If you respond appropriately to the officer's directions, are cooperative and do not give any cause for alarm, the officer will extend you the same respect.

UNTIL NEXT MONTH,
 STAY AWARE & STAY SAFE.

Your Health and *You*



February is the month we celebrate LOVE. Aside from the paper hearts we may use to decorate our homes, does our actual blood-pumping heart feel the LOVE? Are we taking care of this vital organ and subsequently ourselves?

February 3, 2017 is National Wear Red Day as part of the Go Red for Women campaign to raise awareness of heart disease in women. While many women realize that heart disease affects men and women, the facts are not really known. Heart disease is still the number 1 killer of women, as well as men. While breast cancer kills 1 in 30 women, heart disease (or stroke) kills 1 in 3 women.

Men often have chest pain, pain radiating to the arm, or indigestion/heart burn as their most common symptoms. Women, however, are more

likely than men to have heart attack symptoms unrelated to chest pain, such as:

- Neck, jaw, shoulder, upper back or abdominal discomfort
- Shortness of breath
 - Pain in one or both arms
 - Nausea or vomiting
 - Sweating
 - Lightheadedness or dizziness
 - Unusual fatigue

The lifestyle changes that help reduce heart attack risk are the same for both men and women. They include: quit or don't start smoking, exercise regularly (including aerobic or cardio and strength training), reduce stress and maintain a healthy weight. We can also reduce our risk of cardiovascular disease and other diseases by eating a healthy diet that includes a variety of fruits and veggies, lean meats, low-fat dairy products, and heart healthy fats including avocado, olive oil, nuts.

Inflammation is also a risk factor for cardiovascular disease and other diseases. It is important to reduce inflammation in our bodies by eliminating foods that may be indicating intolerance. The most common way to determine this is by keeping track of the foods we eat and the symptoms that occur. This will help us pinpoint foods eaten that relate to the symptoms. Common symptoms of food intolerance/inflammation are digestive problems, however, skin rashes, eczema, headache, and even joint pain can indicate inflammation. Once a food or foods are determined to be possible culprits, eliminate those foods for 1-2 weeks and see if the symptoms improve or disappear. (Reintroducing the food may confirm it's role in inflammation if the symptoms reappear.)

Whether we need to increase our exercise, change our eating habits or learn stress management techniques, our health is worth it... not only for ourselves, but also for those we LOVE.



Thousands of like-new children's items at BARGAIN PRICES!
Spring/Summer children's & maternity clothing, toys, books,
baby equipment & children's furniture all under one roof!

Little Lambs Spring/Summer Sale
March 10th & 11th, 2017 at:
Alleluia! Lutheran Church
(Fellowship Hall - Enter Door #5)
4055 S. Book Road, Naperville, IL

For information visit website:
www.littlelambsconsignment.com

Sale opens to public Friday, March 10th 9 am to 7 pm
Half-price sale (some items) Sat. March 11th 9 am to 12 pm

Proceeds benefit Alleluia! ministries.

Come browse our gently used and some new children's clothing, toys,
and almost anything associated with children. You can save up to 70%
off of retail prices.

Pet Tales

By the Naperville Area Humane Society



The Naperville Area Humane Society
is **PLEASED** to offer the *pre-teens and teens* of
our community a **wonderful** opportunity!

Spring Break Junior Internship Program

We know that preteens and teens want to make a difference in the lives of animals and this program will show them how.

We are looking for dedicated teens ages 12-15 to spend their Spring Break with us. The Naperville Area Humane Society will take ten teens on this week long journey of hands on working with the animals and learning about animal welfare issues from various guest speakers, which will turn their passion into action!

This internship will open their eyes and focus on issues that affect animals and the environment in our world today.

If you know a preteen or teen that wants to make a difference, please tell them about this exciting program!

Junior Internship Program

Monday, March 27- Friday, March 31, 2017

9 am to 12 pm

Naperville Area Humane Society

1620 W. Diehl Road in Naperville

Fee is \$150

Register online at

www.napervilleareahumanesociety.org/

If you have questions, please contact Kristen Funk at 630-420-8989 ext. 117 or email her at kfunk@napervilleareahumanesociety.org.

Adoptable Pets!



Stella | 12Y 4M | Domestic Shorthair | Female

I am a sweet, shy, quiet girl who's looking for a home where I can relax. My first home, where I was for most of my life, was very active and noisy with several children, two dogs, and another cat. OMG, that was way too much for me to handle. My second home was quieter, but my human companion became ill and was no longer able to care for me. I'd be most comfortable in a low-key home with no other pets or children. I like catnip and feather-type toys, and I love being petted and scratched behind my ears. That's not too demanding, right? Do you think your home is the purr-fect one for me? I'm counting on it!



Bubba | 6Y 7M | Pit Bull/Terrier Mix | Male

Bubba Gump here to ask, do you like shrimp? There sure are a lot of ways you can cook and eat shrimp, and while I've never had it, it sure smells good! I'm friendly to most everyone I meet, both humans and canines. However I cannot live with cats. I enjoy playing with different types of toys such as squeak toys and tennis balls. I am still working on some of my manners, such as jumping, so it would be best if children in my new home were at least 12 years old and had experience with dogs. Also if you want to take me to obedience training that would be great as well! One last thing, I am allergic to quite a few things (who isn't?) so my family will need to make sure that they watch what I eat. So what do you say, hurry on in to